

MARTIAL ARTS CAROLINA

3555 Matthews-Mint Hill Road

Matthews, NC 28105

www.martialartscarolina.com

704-847-2222

Dear Black Belt Candidate:

Congratulations on your accomplishment!

Through your dedication, perseverance and self-discipline you have attained the rank of Junior Black Belt. Your journey to Black Belt will become ever more challenging over the next few months. As you approach Black Belt, you are no doubt learning that Martial Arts is not only about you, but about what you can offer to others. As you watch others coming up in rank, you now remember those first classes and the uncertainty of what's to come next. You likely offer your help and you desire to see them succeed. That defines a Black Belt. We don't tell others of our rank, we let our actions speak for us.

You will have a number of mid-term tests (approximately 2 – 3...more if necessary) to prepare you for your 1 Dan test. Each test will require successful demonstration of your current techniques, heavy dose of lower rank material; breaking techniques, free sparring and self defense application plus endurance testing consisting of push ups, sit ups, squats and the like. Each mid term is designed to shore up areas that need improvement until finally the “green light” to officially rank test.

Between your promotion to Junior Black Belt and your mid-terms to first degree, you will be responsible for one community project and a summary paper of the following questions. Take this opportunity to reflect on the last couple of years and make this project everything you want it to be.

Please receive approval on your community service project from a certified instructor before you begin.

Questions for your paper:

1. Describe your community service project and why you chose it.
2. Why did you chose to take Martial Arts?
3. What do you find most rewarding?
4. What does it mean to you to be a Black Belt?

Please turn in your paper prior to your mid-term test.

Please note – there is no mid-term fee.

The fee for your first degree test is \$150.00.

Respectfully yours,

Martial Arts Carolina